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| Monday  Week 2 | | | Tuesday  Week 2 | | | | Wednesday  Week 2 | | Thursday  Week 2 | | | | Friday  Week 2 | | |
| Main Meal Choice | | | | | | | | | | | | | | | |
| Oven Baked Crumbed Haddock  Soya (100x97)Fish (100x84)\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Cereals containing gluten (93x100).jpgSulphur dioxide (337x325) (250x241) (100x96)\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Sesame Oil (100x90).jpg  Creamed Potatoes,  Milk (100x95)  Garden Peas or Baked Beans | | | Lamb Moussaka  Soya (100x97)Cereals containing gluten (93x100)Milk (100x95)Celery (100x97)  Garlic Bread  Cereals containing gluten (93x100)Soya (100x97)  Sweetcorn or Mixed Salad | | | | Sausage Roll  Peanuts (100x97)Nuts (100x97)Milk (100x95)Mustard (100x97)Sulphur dioxide (337x325) (250x241) (100x96)Cereals containing gluten (93x100)  Jacket Wedges    Baked Beans or  Vegetable of the day | | Chicken Curry  Milk (100x95)  Steamed Wholegrain Vegetable Rice  OR Naan Bread  Cereals containing gluten (93x100)Eggs (100x90)Milk (100x95) | | | | Pork & Vegetable Pie  Cereals containing gluten (93x100)Soya (100x97)Celery (100x97)  Creamed Potatoes  Milk (100x95)  Country Vegetable Mix | | |
| Vegetarian Choice | | | | | | | | | | | | | | | |
| (V) Vegetarian Burger  Cereals containing gluten (93x100)Milk (100x95)Mustard (100x97)  Creamed Potatoes,  Milk (100x95)  Garden Peas or Baked Beans | | | (V) Cheese & Tomato Baguette Pizza  Cereals containing gluten (93x100)Milk (100x95)Sesame Oil (100x90)  Mixed Salad and  Coleslaw  Celery (100x97)\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Eggs (100x90).jpg\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Milk (100x95).jpg\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Mustard (100x97).jpg | | | | (V) Vegetarian Sausage Roll  Cereals containing gluten (93x100)Celery (100x97)Milk (100x95)  Jacket Wedges  & Baked Beans | | (V)Sweet Potato, Chick Pea Curry  Mustard (100x97)Nuts (100x97)Peanuts (100x97)  Steamed Wholegrain Rice  Or Naan Bread  Cereals containing gluten (93x100)Eggs (100x90)Milk (100x95) | | | | (V) Quorn Sausage Casserole  Cereals containing gluten (93x100)Eggs (100x90)Milk (100x95)Soya (100x97)  Creamed Potatoes  Milk (100x95)  Country Vegetables | | |
| Jacket Potatoes are served with either a mixed salad or a selection of daily vegetables. | | | | | | | | | | | | | | | |
| Jacket Potato  Cheese (V)  \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Milk (100x95).jpg | | | Jacket Potato  Tuna Mayonnaise or Baked Beans  Milk (100x95)\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Mustard (100x97).jpg\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Eggs (100x90).jpg\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Fish (100x84).jpg | | | | Jacket Potato  Chicken Mayonnaise  \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Eggs (100x90).jpg\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Mustard (100x97).jpg\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Cereals containing gluten (93x100).jpg | | Jacket Potato with  Coleslaw (V)  Celery (100x97)\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Eggs (100x90).jpg\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Milk (100x95).jpg\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Mustard (100x97).jpg | | | | Jacket Potato  Cheese (V)  \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Milk (100x95).jpg | | |
| **Sandwich Selection**  A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for **Allergen** information. | | | | | | | | | | | | | | | |
| Dessert Choice | | | Dessert Choice | | | | Dessert Choice | | Dessert Choice | | | | Dessert Choice | | |
| Fruit  Muffins | Cereals containing gluten (93x100)Milk (100x95)\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Eggs (100x90).jpg | | Lemon Drizzle  Cake | | Cereals containing gluten (93x100)Milk (100x95)\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Eggs (100x90).jpg | | Carrot Cake with C/Cheese Frosting | Cereals containing gluten (93x100)Milk (100x95)\\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Eggs (100x90).jpg | Apple Crumble | | Cereals containing gluten (93x100)Milk (100x95) | | Frozen  Yoghurts | | Milk (100x95) |
| **A selection of Yoghurt \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Milk (100x95).jpg Fresh Fruit and Bread \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Cereals containing gluten (93x100).jpg is available on a daily basis. Custard \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Milk (100x95).jpgis served with desserts as appropriate.**  **A selection of Mineral Water, Fruit Juice based drinks & Flavoured Milk \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Milk (100x95).jpgis available on a daily basis.** | | | | | | | | | | | | | | | |
| Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet.  **All menu items are subject to availability.** | | | | | | | | | | | | | | | |
| Allergen Symbols Key | | \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Cereals containing gluten (93x100).jpgGluten | | \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Milk (100x95).jpgMilk | | \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Eggs (100x90).jpgEggs | | \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Sulphur dioxide (337x325) (250x241) (100x96).jpgSulphites | | \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Mustard (100x97).jpgMustard | | \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Peanuts (100x97).jpgPeanuts | | \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Soya (100x97).jpgSoya | |
| \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Fish (100x84).jpgFish | | \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Lupin (100x84).jpgLupin | | \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Crustaceans (100x97).jpgCrustaceans | | Molluscs | | \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Nuts (100x97).jpgNuts | | \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Sesame Oil (100x90).jpgSesame Oil | | \\GWH-FS-01.gwh.gdft.org\NT_Home_Drives$\lisa.hancock\Allergens\Celery (100x97).jpgCelery | |