

Greenwood Academies Trust Primary Menu

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1
Main Meal Choice				
Chicken in Whole-wheat Pasta With Tomato & Pesto Sauce R00617 Mixed Salad R00328 Garlic Bread R00536	Pork Meatballs in Tomato & Basil sauce R00125 Steamed Vegetable Rice R00274	Roast Turkey with Stuffing, R00121 Roast Potatoes R00109 Carrots R00085 Broccoli R00083 Turkey Gravy R00440	Meat/Fish Pizza Selection R00168 Mixed Salad R00328 Coleslaw R00106 or Baked Beans R00091	Cod Fish Fingers R00168 Jacket Wedges R00114 Garden Peas R00092
Vegetarian Choice				
(V) Whole-wheat Pasta with Tomato & Pesto Sauce R00275 Mixed Salad R00328 Garlic Bread R00536	(V) Quorn Meatballs In Tomato & Basil Sauce R100552 Steamed Vegetable Rice R00274	(V) Roast Quorn Fillet with Stuffing R00437 Roast Potatoes R00109 Carrots R00085 Broccoli R00083 Vegetarian Gravy R00404	(V) Vegetarian Pizza Selection R00139 Mixed Salad R00328 Coleslaw R00106 or Baked Beans R00091	Vegetable Fingers R00609 Jacket Wedges R00114 Garden Peas R00092
All Meals are served with either a mixed salad or a selection of daily vegetables.				
Jacket Potato with Cheese (V) R00554	Jacket Potato With Tuna Mayonnaise R00201 Or Baked Beans R00091	Jacket Potato Chicken Mayonnaise R00555	Jacket Potato Coleslaw or Baked Beans (V) R00652 R00091	Jacket Potato Cheese (V) R00554
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information.				
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Marble Sponge R00377 & Custard R00140	Caramel Tart R00335 with Cream R00414	Apple Crumble R00069 & Custard R00140	Strawberry Shortbread R00418	Ice Cream Roll R00557
A selection of Yoghurt, Fresh Fruit and Bread is available on a daily basis.				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				

