



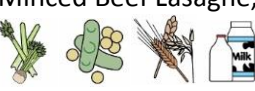























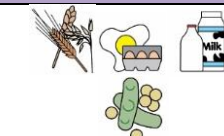





















Greenwood Academies Trust Primary Menu 2014 - 2015

Monday Week 5	Tuesday Week 5	Wednesday Week 5	Thursday Week 5	Friday Week 5			
Main Meal Choice							
Mini Beef & Vegetable Pasty,  Garden Peas Creamed Potatoes, and Gravy 	Lamb Hotpot,  Country Vegetable Mix & Gravy with Crusty Bread 	Minced Beef Lasagne,  Garlic Bread  & Mixed Salad	Chicken Breast in Sweet & Sour Sauce  with Savoury Wholegrain Rice	Breadcr Cod,  Creamed Potato,  Baked Beans or Mixed Salad			
Vegetarian Choice							
(V) Vegetable Pasty,  Creamed Potatoes, Garden Peas  & Gravy 	(V) Vegetarian Hotpot,  Country Vegetable Mix & Gravy with Crusty Bread 	(V) Vegetable Lasagne,  Garlic Bread  & Mixed Salad	(V) Quorn Fillet  in Sweet & Sour Sauce  with Savoury Wholegrain Rice	(V) Tomato & Basil Sauce,  Pasta Twists & Garlic Bread  and Mixed Salad			
Jacket Potatoes are served with either a mixed salad or a selection of daily vegetables.							
Jacket Potato Cheese (V) 	Jacket Potato Tuna Mayonnaise  Baked Beans	Jacket Potato Chicken Mayonnaise 	Jacket Potato with Coleslaw or Baked Beans (V) 	Jacket Potato Cheese (V) 			
Sandwich Selection							
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information.							
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice			
Fruit Pots 	Chocolate Sponge & Chocolate Sauce 	Cheesecake with Fruit Topping 	Ice Cream Roll 	Bakewell Tart 			
A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate.							
A selection of Mineral Water, Fruit Juice based drinks & Flavoured Milk  is available on a daily basis.							
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet.							
All menu items are subject to availability.							
Allergen Symbols Key	 Gluten	 Milk	 Eggs	 Sulphites	 Mustard	 Peanuts	 Soya
	 Fish	 Lupin	 Crustaceans	 Molluscs	 Nuts	 Sesame Oil	 Celery