




















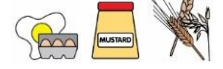



























Greenwood Academies Trust Primary Menu 2014 – 2015

Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1			
Main Meal Choice							
Chicken & Mushroom Pie  Country Vegetable Mix New Potatoes Gravy 	Gammon Steak & Pineapple Slice ½ Baked Potato Whole Green Beans	Roast Turkey with Stuffing,  Roast Potatoes, Cabbage, Carrots and Gravy 	Meat/Fish Pizza Selection  Mixed Salad & Coleslaw  or Baked Beans	Cottage Pie  Broccoli, Sweetcorn,  Gravy 			
Vegetarian Choice							
(V) Bean & Vegetable Bake  New Potatoes, Garden Peas Gravy 	(V) Vegetarian Sausage  in a Hot Dog Roll  with Mixed Salad	(V) Vegetable Wholemeal Pasta  Crusty Bread  Mixed Salad	(V) Vegetarian Pizza Selection  Mixed Salad Coleslaw  or Baked Beans	(V) Quorn Meatballs with Pasta  or Rice & Garlic Bread  Sweetcorn or Mixed Salad			
Jacket Potatoes are served with either a mixed salad or a selection of daily vegetables.							
Jacket Potato Cheese (V) 	Jacket Potato Tuna Mayonnaise  Or Baked Beans	Jacket Potato Chicken Mayonnaise 	Jacket Potato Coleslaw or Baked Beans (V) 	Jacket Potato Cheese (V) 			
Sandwich Selection A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information.							
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice			
Eve's Pudding 	Strawberry Shortbread 	Banana Sponge 	Marble Sponge 	Fruit Jelly (V) 			
A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate.							
A selection of Mineral Water, Fruit Juice based drinks & Flavoured Milk  is available on a daily basis.							
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.							
Allergen Symbols Key	 Gluten	 Milk	 Eggs	 Sulphites	 Mustard	 Peanuts	 Soya
	 Fish	 Lupin	 Crustaceans	 Molluscs	 Nuts	 Sesame Oil	 Celery