

Greenwood Academies Trust Primary Menu

Monday Week 2	Tuesday Week 2	Wednesday Week 2	Thursday Week 2	Friday Week 2
Main Meal Choice				
Chicken In a Mild Curry Sauce R00108 ½ Steamed Rice R00104 And ½ Naan Bread R00331	Salmon Fingers R00743 Creamed Potato R00100 Broccoli R00083 Sweet corn R00096	Roast Beef R00406 With Yorkshire Pudding R00539 Roast Potatoes R00109 Carrots R00085 Green Cabbage R00097 Meat Gravy R00569	Pork Sausages R00259 Hot Dog Roll R00611 Mixed Salad R00328	Minced Beef in Homemade Bolognese Sauce R00038 With Pasta R00531 Crusty Bread R00550 Mixed Salad R00328
Vegetarian Choice				
(V) Quorn pieces In a Mild Curry Sauce R000568 ½ Steamed Rice R00104 ½ Naan Bread R00331	(V) Macaroni Cheese R00503 Crusty Bread R00550 Mixed Salad R00328 Coleslaw R00106	(V) Roast Quorn Fillet R00437 With Yorkshire Pudding R00539 Roast Potatoes R00109 Carrots R00085 Green Cabbage R00097 Vegetarian Gravy R00404	(V) Vegetarian Sausage R000645 in a Hot Dog Roll R00611 Mixed Salad R00328	(V) Minced Quorn In Homemade Bolognese Sauce R00273 With Pasta R00531 Crusty Bread R00550 Mixed Salad R00328
All Meals are served with either a mixed salad or a selection of daily vegetables.				
Jacket Potato with Cheese (V) R00554	Jacket Potato With Tuna Mayonnaise R00201 Or Baked Beans R00091	Jacket Potato Chicken Mayonnaise R00555	Jacket Potato Coleslaw or Baked Beans (V) R00652 R00091	Jacket Potato Cheese (V) R00554
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information.				
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Ginger Bread Shape R00710	Syrup Sponge and Custard R000426 & R00140	Lemon Drizzle Cake R000333	Fromage Frais R00589	Jam Sponge & Custard R000530 & R00140
A selection of Yoghurt, Fresh Fruit and Bread is available on a daily basis.				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.				
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				

