

# Greenwood Academies Trust Primary Menu

Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3
<b>Main Meal Choice</b>				
Pork Sausage R00259 Roast Potatoes R00109 Country Mixed Vegetables R00483 Meat Gravy R00569	(V) Pasta in a Tomato & Pesto Sauce R00641 Garlic Bread R00536 Mixed Salad R00328	Roast Chicken Breast R00264 Roast Potatoes R00114 Carrots R00085 Cauliflower R00330 Chicken Gravy R00473	(V) Cheese & Tomato Baguette Pizza R00070 Mixed Salad R00328 Coleslaw R00106	(V) Quorn Dippers R00649 Oven Baked Diced Potatoes R00532 Baked Beans R00106
Vegetarian Sausage R00645 Creamed Potatoes R00100 Peas & Sweet corn R00103 Vegetarian Gravy R00404	(V) Jacket Potato with Cheese & Baked Beans R00131	(V) Roast Quorn Fillet R00437 Roast Potatoes R00114 Carrots R00085 Cauliflower R00330 Vegetarian Gravy R00404	Jacket Potato with Cheese & Tuna Mayonnaise R00132	(V) Jacket Potato with Cheese & Baked Beans R00131
All Meals are served with either a mixed salad or a selection of daily vegetables.				
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Assorted Cakes and Biscuits	Assorted Cakes and Biscuits	Assorted Cakes and Biscuits	Assorted Cakes and Biscuits	Assorted Cakes and Biscuits
<b>A selection of Yoghurt, Fresh Fruit and Bread is available on a daily basis.</b>				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. <b>All menu items are subject to availability.</b>				
<b>Allergen Information</b>				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				

