

# Greenwood Academies Trust Primary Menu

Monday Week 2	Tuesday Week 2	Wednesday Week 2	Thursday Week 2	Friday Week 2
<b>Main Meal Choice</b>				
Chicken Tikka Masala R00143 ½ Steamed Vegetable Rice R00274 & ½ Naan Bread R00331	Tuna Pasta Bake R00044 Crusty Bread R00550 Mixed Salad R00328 Coleslaw R00106	Roast Beef R00406 With Yorkshire Pudding R00539 Roast Potatoes R00109 Carrots R00085 Green Cabbage R00097 Gravy R00569	Pork Sausage R00259 Hot Dog Roll R00611 Baked Beans R00091	Salmon Bites R00363 Diced Potatoes R00532 Garden Peas R00092
<b>Vegetarian Choice</b>				
(V) Quorn Tikka Masala R00546 ½ Steamed Vegetable Rice R00274 & ½ Naan Bread R00331	(V) Macaroni Cheese R00503 Crusty Bread R00550 Mixed Salad R00328 Coleslaw R00106	(V) Roast Quorn Fillet R00437 With Yorkshire Pudding R00539 Roast Potatoes R00109 Carrots R00085 Green Cabbage R00097 (V) Gravy R00569	(V) Leek & Vegetable Sausage R00645 in a Hot Dog Roll R00611 Baked Beans R00091	(V) Quorn Dippers R00144 Diced Potatoes R00532 Garden Peas R00092
All Meals are served with either a mixed salad or a selection of daily vegetables.				
Jacket Potato with Cheese (V) R00554	Jacket Potato With Tuna Mayonnaise R00201 Or Baked Beans (V) R00091	Jacket Potato Chicken Mayonnaise R00555	Jacket Potato Coleslaw or Baked Beans (V) R00652 R00091	Jacket Potato Cheese (V) R00554
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for <b>Allergen</b> information.				
Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice
Gingerbread Shape R00590	Syrup Sponge & Custard R00426 & R00140	Lemon Drizzle Cake R00333	Oat Cookies R01294	Asst Frozen Yoghurt R00118
<b>A selection of Yoghurt, Fresh Fruit and Bread is available on a daily basis.</b>				
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. <b>All menu items are subject to availability.</b>				
<b>Allergen Information</b>				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062) or a Chef Recipe Card for that item.				

